

# No one should have to choose between heating and eating







## **Surviving Winter**



We believe that no one should have to choose between heating and eating. But we know that hundreds of our neighbours in Somerset will be faced with this stark decision this winter. With your help, we can ensure they stay warm, connected and well this winter and beyond.

Your donations will help us support around 500 vulnerable older people across Somerset this winter.

### Your gift will help provide:

- Vital grants to cover heating costs
- Support to help those in need to access specialist services and community groups
- Community meals to reduce loneliness and isolation

10% of Somerset households live in fuel poverty On average, there are 440 excess winter deaths each year in Somerset One in six older people in Somerset often feel lonely

# Hundreds of Vulnerable older people in Somerset need your help this winter

# If you can afford to, please donate today and spread some warmth this winter



Donate online at www.somersetcf.org.uk/winter

Donate by calling 01749 344949

Donate by cheque to the address below (ref. SW)



**Surviving Winter is run by:** 

Somerset Community Foundation Yeoman House, The Royal Bath & West Showground, Shepton Mallet, Somerset BA4 6QN